

AHM-250^{Q&As}

Healthcare Management: An Introduction

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QUESTION 1

The following statements describe common types of physician/hospital integrated models:

The Iota Company, which is owned by a group of investors, is a for-profit legal entity that buys entire physician practices, not just the tangible assets of the practice

- A. Iota- physician hospital organization (PHO) Casa- physician practice management (PPM) company.
- B. Iota- physician hospital organization (PHO) Casa- medical foundation.
- C. Iota- physician practice management (PPM) Casa- physician hospital organization (PHO) company.
- D. Iota- medical foundation Casa- management services organization (MSO).

Correct Answer: C

QUESTION 2

Emily Brown works for Integral Health Plan and represents the company as a board member for the board of directors. Which best describes Emily's position?

- A. Community Representative
- B. Inside Director
- C. Outside Director
- D. None of these

Correct Answer: B

QUESTION 3

When determining physicians' fee reimbursements, the Blossom Managed Healthcare Group assigns a weighted value to each medical procedure or service and multiplies the weighted value by a money multiplier, as shown below:

- A. discounted fee-for-service system
- B. global capitation arrangement
- C. withhold arrangement
- D. relative value scale (RVS)

Correct Answer: D

QUESTION 4

One way in which health plans differ from traditional indemnity plans is that health plans typically

- A. provide less extensive benefits than those provided under traditional indemnity plans
- B. place a greater emphasis on preventive care than do traditional indemnity plans
- C. require members to pay a percentage of the cost of medical services rendered after a claim is filed, rather than a fixed copayment at the time of service as required by indemnity plans
- D. contain cost-sharing requirements that result in more out-of-pocket spending by members than do the cost-sharing requirements in traditional indemnity plans

Correct Answer: B

QUESTION 5

Natalie Chan is a member of the Ultra Health Plan, a health plan. Whenever she needs nonemergency medical care, she sees Dr. David Craig, an internist. Ms. Chan cannot self-refer to a specialist, so she saw Dr. Craig when she experienced headaches. Dr. Cr

- A. Within Ultra's system, Ms. Chan received primary care from both Dr. Craig and Dr. Lee
- B. Ultra's system allows its members open access to all of Ultra's participating providers.
- C. Within Ultra's system, Dr. Craig serves as a coordinator of care or gatekeeper for the medical services that Ms. Chan receives.
- D. Ultra's network of providers includes Dr. Craig and Dr. Lee but not Arrow Hospital

Correct Answer: C

QUESTION 6

Graff Scott is a member of the ABC Health Plan. Whenever she needs non-emergency medical care, sees Dr. Michael Chan, an internist. Ms. Scott cannot self-refer to a specialist, so she saw Dr. Michael Chan when she experienced headaches. Dr. Michael Chan referred her to Dr. Bruce Lee, a neurologist, who had hospitalized at the Polo Hospital for tests. ABC has contracts with Dr. Michael Chan, Dr. Lee, and Polo to provide medical services to its members. The following statements are about Polo's organized system of healthcare. Select the answer choice containing the correct statement

- A. Within Polo's system, Ms. Scott received primary care from both Dr. Michael Chan and Dr. Lee
- B. Polo's system allows its members open access to all of Ultra's participating providers
- C. Polo's network of providers includes Dr. Michael Chan and Dr. Lee but not Polo Hospital
- D. Within Polo's system, Dr. Michael Chan serves as a coordinator of care or gatekeeper for the medical services that Ms. Scott receives

Correct Answer: D

QUESTION 7

The following statements describe healthcare services delivered to health plan members by plan providers. Select the statement that describes a service that would most likely require utilization review and authorization.

- A. Adele Farnsworth visited a dermatologist to have a mole removed from her arm.
- B. Jonathan Lang underwent an electrocardiogram (EKG) during an office visit with his cardiologist.
- C. Corinne Maxwell underwent physical therapy after being hospitalized for hip replacement surgery.
- D. Jose Redriguez, a 70-year-old Medicare patient, received a flu shot as part of his annual physical examination.

Correct Answer: C

QUESTION 8

As part of its utilization management (UM) system, the Creole Health Plan uses a process known as case management. The following individuals are members of the Creole Health Plan:

Jill Novacek, who has a chronic respiratory condition. Abraham Rashad.

- A. Ms. Novacek, Mr. Rashad, and Mr. Devereaux
- B. Ms. Novacek and Mr. Rashad only
- C. Ms. Novacek and Mr. Devereaux only
- D. None of these members

Correct Answer: A

QUESTION 9

IROs stands for

- A. Internal Review Organizations
- B. International review Organizations
- C. Independent review organizations
- D. None of the above

Correct Answer: C

QUESTION 10

The application of health plan principles to workers' compensation insurance programs has presented some unique challenges because of the differences between health plan for traditional group healthcare and workers' compensation. One key difference is that

- A. limits coverage to eligible employees and excludes part-time employees
- B. specifies an annual lifetime benefit maximum on dollar coverage for medical costs
- C. provides benefits regardless of the cause of an injury or illness
- D. provides benefits for both healthcare costs and lost wages

Correct Answer: D

QUESTION 11

Col. Martin Avery, on active duty in the U.S. Army, is eligible to receive healthcare benefits under one of the three TRICARE health plan options. If Col Avery elects to participate in TRICARE Prime, he will be

- A. able to obtain full benefits for services obtained from network and non-network providers
- B. subject to copayment, deductible, and coinsurance requirements for any medical care he receives
- C. required to formally enroll for coverage and pay an enrollment fee
- D. assigned to a primary care manager who is responsible for coordinating all his care

Correct Answer: D

QUESTION 12

One of the most influential pieces of legislation in the advancement of health plans within the United States was the Health Maintenance Organization (HMO) Act of 1973. One of the provisions of the Act was that it

- A. exempted HMOs from all state licensure requirements.
- B. required all employers that offered healthcare coverage to their employees to offer only one type of federally qualified HMO.
- C. eliminated funding that supported the planning and start-up phases of new HMOs.
- D. established a process by which HMOs could obtain federal qualification

Correct Answer: D

QUESTION 13

Federal Employee Health Benefits Program (FEHBP) requires health plans offering services to federal employees and their dependents to provide

- A. Immediate access to emergency services
- B. Urgent Appointments within 24 hours
- C. Routine appointments once a m

D. D

E. A

F. B and C

G. All of the listed options

Correct Answer: F

QUESTION 14

Patrick Flaherty's employer has contracted to receive healthcare for its employees from the Abundant Healthcare System. Mr. Flaherty visits his primary care physician (PCP), who sends him to have some blood tests. The PCP then refers Mr. Flaherty to a special

A. an integrated delivery system (IDS)

B. a Management Services Organization (MSO)

C. a Physician Practice Management (PPM) company

D. a physician-hospital organization (PHO)

Correct Answer: A

QUESTION 15

Mr. George Bush is covered by a PBM plan that uses a closed formulary. This indicates that

A. he can receive coverage for pharmaceuticals only if they are on the PBM plan's preferred list of drugs

B. he must receive all of his pharmaceuticals from a mail-order pharmacy program

C. he can receive coverage for pharmaceuticals that are on the PBM plan's preferred list of drugs, as well as for pharmaceuticals that are not on the preferred list

D. the PBM plan cannot receive a rebate on any pharmaceuticals it obtains from the pharmaceutical facture

Correct Answer: A

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