

## NCE<sup>Q&As</sup>

National Counselor Examination

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**QUESTION 1**

Your supervisor suggests that you give your client a Beck's Depression Inventory (BDI) Test. This is a(n) \_\_\_\_\_.

- A. aptitude test
- B. intelligence test
- C. self-report test
- D. achievement test

Correct Answer: C

Tests that measure criterion based on a patient's report are called self-report tests. The BDI does not measure aptitude, intelligence or achievement.

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**QUESTION 2**

Which person is associated with the beginning of the guidance movement?

- A. Adler
- B. Parsons
- C. Freud
- D. Ellis

Correct Answer: B

Frank Parsons is known as the founder of the guidance movement. His talent matching approach was later developed into the Trait and Factor Theory of Occupational Choice. Adler was the founder of individual psychology, Freud was the founder of psychoanalysis, and Ellis was the founder of rational emotive behavior therapy.

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**QUESTION 3**

A(n) \_\_\_\_\_ is a form of descriptive research and requires a return rate of 50-70% to be accurate.

- A. Case study
- B. Observation
- C. Survey
- D. Analysis

Correct Answer: C

There are three basic types of descriptive research: survey, observation, and case study. Conclusions from descriptive

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research cannot be drawn, thus, no causal relationships can be determined. The survey requires 50% to be returned in order to be accurate.

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#### QUESTION 4

Holland's trait-factor theory matched which of the following together?

- A. Gender traits with personality traits
- B. Professional traits with earning power
- C. Personality traits with job requirements
- D. Personality traits with intelligence level

Correct Answer: C

Holland matched individual traits with environment traits.

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#### QUESTION 5

The fact that a group decision will be less conservative than a decision made by an individual can be explained by which of the following concepts?

- A. Bystander apathy
- B. Risky shift phenomenon
- C. Skepticism
- D. Conditioning

Correct Answer: B

Risky shift phenomenon is part of social psychology and a form of group polarization. This is related to deindividuation which occurs when a person in a group loses some of their self-identity leading to a loss of restraint and self-awareness. Bystander apathy is another term from social psychology and occurs when individuals assume that, since there are other people around, someone else has already taken action to help.