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QUESTION 1

Which theorist believed a person's personality needs to be congruent with their work environment?

- A. Holland
- B. Parsons
- C. Freud
- D. Moreno

Correct Answer: A

Holland believed that if a person chose to work in an environment congruent with their personality, they would feel happier and more satisfied. The six work environments he identified are: Realistic, Investigative, Artistic, Social, Enterprising, and Conventional. Parsons believed careers had to be matched to talents, skills, and personality.

QUESTION 2

What do dual career families often lack?

- A. Money
- B. Health insurance
- C. Leisure
- D. Pets

Correct Answer: C

Dual career families are likely to have access to healthcare and money, however, because both adults in the household are working, they have less time for leisure. Instead of relaxing on evenings and weekends, they are often doing things to keep the household running, like chores or running errands.

QUESTION 3

A conditioned association is not a learned association.

- A. True
- B. False

Correct Answer: B

In operant conditioning, therapists believe the reaction to an object or event can be modified by learning, or conditioning.

QUESTION 4

Which is true about Freud's idea of the preconscious mind:

- A. It contains only hidden or forgotten memories.
- B. It contain only what is happening in the present.
- C. It's our mind's state before we're born.
- D. It contains both hidden memories and what is happening.

Correct Answer: D

The pre-conscious mind contains elements from both the unconscious and the conscious minds. The unconscious mind contains hidden or forgotten memories and the conscious mind contains what is happening in the present.

QUESTION 5

You have just launched a successful therapy group, and want to promote it to engage new clients so they, too, can benefit. You have asked your current therapy clients to offer an anonymous testimonial, telling others how useful it has been.

From an ethical standpoint, this is _____.

- A. prohibited under any circumstances
- B. allowed since it is a successful group that would benefit future clients that may join
- C. allowed, only if they sign a voluntary testimonial release
- D. prohibited unless they sign a voluntary testimonial release, use a pseudo-name and do not provide a photo

Correct Answer: A

The ACA Code of Ethics outlines that testimonials from clients, former clients or any other person vulnerable to undue influence is prohibited.