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## QUESTION 1

What is the technical name for the Adam's Apple?

- A. Hyoid bone
- B. Laryngeal prominence
- C. Esophagus
- D. Zygomatic arch

Correct Answer: B

Explanation: The Adams Apple is a protrusion on the anterior portion of males named after the ancient story of Adam eating the fruit from Eve and having a piece become lodged in his throat. This protrusion is the laryngeal prominence formed by an angular section of thyroid cartilage. It is present in both men and women. However, it grows in size during puberty in young men.

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## QUESTION 2

Which muscle attaches to the acromion process?

- A. Trapezius
- B. Pec minor
- C. Short head of the biceps brachii
- D. Supraspinatus

Correct Answer: A

Explanation: The acromion process is located at the top of the shoulder and articulates with the lateral end of the clavicle. It is the fibers of the middle trapezius that insert into the medial margin of the acromion process.

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## QUESTION 3

Choose the correct definition of the anatomical term "linea".

- A. A passage or canal
- B. A line or long ridge
- C. A hole or opening
- D. A meeting point of two or more bones

Correct Answer: B

Explanation: The anatomical term "linea" refers to a line or long ridge, such as the attachment site of the hamstrings

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along the linea aspera on the posterior aspect of the femur.

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#### QUESTION 4

Which element is needed for muscle contraction?

- A. Calcium
- B. Nitrogen
- C. Magnesium
- D. Iron

Correct Answer: A

Explanation: Skeletal muscle contraction occurs when an action potential from the brain reaches the neuromuscular junction. It causes a calcium ion influx which starts the process of a muscle contraction.

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#### QUESTION 5

Which of the following best describes a massage therapist who routinely drapes clients in an immodest and unprofessional manner?

- A. The massage therapist needs additional training.
- B. The massage therapist is participating in a dual relationship.
- C. The massage therapists scope of practice needs to be redefined.
- D. The massage therapist has broken a code of ethics.

Correct Answer: D

Explanation: There are times when undraping sensitive areas for treatment is within the scope of practice of massage. However, a massage therapist who routinely drapes in an unprofessional manner is breaking a standard of conduct indicated in the massage code of ethics.

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