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QUESTION 1

A 27 year old male client enters a massage therapy office for a treatment holding his right hand along the pinky and ring finger. He complains of numbness and weakness in the two affected digits. He states the condition has been progressing over the last few weeks. He works in IT for a database company and works normal hours and is not very stressed at work. He is a daily commuter cyclist and also enjoys playing disc golf. What is the most likely cause of this condition?

- A. His work in IT
- B. Cycling
- C. Disc golf
- D. None of the above

Correct Answer: B

Explanation: The posture for bicycling requires the rider to rest on the palms while steering. Guyon's canal syndrome is also known as handlebar palsy.

QUESTION 2

What color is associated with the heart chakra?

- A. Red
- B. Green
- C. Blue
- D. Violet

Correct Answer: B

Explanation: The MBLEx candidate handbook indicates that the test may have questions covering the concepts of energetic anatomy. This question is an example of such a question. The heart chakra, positioned in the center of the chest, is associated with the color green or emerald green. The heart chakra represents the perceptions of love and the relationships between people and the world. The element of the heart chakra is air.

QUESTION 3

What are acetylcholine and catecholamines?

- A. Neurotransmitters
- B. Digestive enzymes
- C. Electrolytes
- D. Erythrocytes

Correct Answer: A

Explanation: Acetylcholine and catecholamines are neurotransmitters which have many various functions and affects on the human body.

QUESTION 4

An epiphyseal line on a bone indicates what?

- A. The bone has begun a new growth phase.
- B. The bone was previously fractured in that location.
- C. The bone has stopped growing.
- D. The bone has reached its adult length.

Correct Answer: D

Explanation: Long bones possess a cartilaginous zone between the diaphysis (midsection) and the epiphysis (end) called the epiphyseal plate. During childhood this allows the bone to continue growing in length. At some point the cartilage ossifies (becomes bone tissue), leaving a line of demarcation, the epiphyseal line. This indicates the bone has reached its adult length and no further growth in length will occur. However, the bone can continue to grow in diameter.

QUESTION 5

Which is the correct order of anatomical organization in the human body, from the most basic to the more complex?

- A. Cell, organ, tissue
- B. Cell, tissue, organ
- C. Tissue, cell, organ
- D. Organ, cell, tissue

Correct Answer: B

Explanation: The cell is the basic building block of all living things. Cells are organized into tissues having specialized properties and functions. Tissues are further organized into organs (and organ systems).

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