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QUESTION 1

The medulla oblongata and pons are part of which section of the brain?

- A. Brain stem
- B. Cerebellum
- C. Diencephaion
- D. Cerebrum

Correct Answer: A

Explanation: The brain stem which provides the sensory and motor innervations of the face and neck consists of three parts: the medulla oblongata, pons and midbrain.

QUESTION 2

What is the control center of a cell?

- A. Cytoplasm
- B. Mitochondrion
- C. Nucleolus
- D. Ribosome

Correct Answer: C

Explanation: The nucleolus houses most of a cells genetic material, which dictates the functions of the cell and is this considered the control center.

QUESTION 3

What is another term for the bicipital groove?

- A. Tuberosity
- B. Intertubercular
- C. Epicondyle
- D. Fossa

Correct Answer: B

Explanation: The deep groove between the greater and lesser tubercles of the humerus is the home of the bicipital tendon which lies in the intertubercular groove, also known as the bicipital groove.

QUESTION 4

During a range of motion assessment, the client contracts their muscles to prevent movement due to pain and discomfort. This is referred to as a/n _____.

- A. empty end feel
- B. hard end feel
- C. gait assessment
- D. active resisted movement

Correct Answer: A

Explanation: An empty end feel is a case where the therapist cannot determine the true range of motion due to the client contracting their muscles (also known as muscle guarding) to prevent movement. This is typically due to an injury and is recommended to refer the client to seek medical attention.

QUESTION 5

What condition is Phalen's test used to assess?

- A. Thoracic outlet syndrome
- B. Piriformis syndrome
- C. Radial tunnel syndrome
- D. Carpal tunnel syndrome

Correct Answer: D

Explanation: The Phalen's test requires the client to firmly press the backs of the hands together for a duration up to a minute. If the client experiences pain, tingling or numbness in the thumb, index, middle and lateral half of the ring finger along the palmar side, then the test is positive for a carpal tunnel compression. The test can be done in reverse with palms pressed firmly together.

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