

LCSW^{Q&As}

ASWB Clinical Level Social Work Licensing Exam

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QUESTION 1

The 8th stage of Erik Erikson\\'s psychosocial model occurs in late adulthood, usually 60 years of age or older. Some people in this life cycle begin to experience a sense of mortality, thinking back upon their lives and coming to terms with their choices. Others will see the wrong choices they made and feel life is too short to make any changes. What is the name of this life stage?

- A. Ego integrity versus despair
- B. Intimacy versus isolation
- C. GeneratMty versus self-absorption
- D. Identity versus role confusion

Correct Answer: A

Older adults who are satisfied with their |ife\\'s accomplishments have a sense of integrity. Those who realize integrity was not achieved, feel the outcome of despair which can cause bitterness and hopelessness. The elderly population at this stage of "ego integrity versus despair" reaches an understanding of the reality that death is close. They can have a positive or negative outlook, but must accept their lives as coming to an end.

QUESTION 2

An MSW graduate in Social Work can provide treatmentwithout a state license.

- A. True
- B. False

Correct Answer: B

False. In this case it is about more than just the degree. You must also have experience and supervision for aminimum of 4000 hours, plus pass the clinical exam.

QUESTION 3

A clinical social worker is helping a client who has had a tumultuous past. The client\\'s main issue is the way his history has come full circle and now presents current problems. After a thorough assessment, the social worker decides to focus on the here and now. What therapy might she utilize?

- A. Holistic therapy
- B. Brief therapy
- C. Gestalt therapy
- D. Cognitive behavioral therapy

Correct Answer: C



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Gestalt therapy utilizes the past to solve a current problem. Clients are shown how to expand on their awareness through dialogue and experimental methods. They are taught self-regulation and lead through actMties geared toward tackling the past.

QUESTION 4

Angela is referred to a clinical social worker for unusual displays of attention-seeking behavior, such as dramatic displays of emotion. She has been let go from three different jobs due to frequent anger episodes and impulsive acts towards other employees. Little responsibility is ever taken for these inappropriate behaviors, and most recently Angela has been cutting on her arms. Therapy should focus on what disorder?

- A. Obsessive compulsive disorder
- B. Bi-polar disorder
- C. Anger management
- D. Borderline personality disorder

Correct Answer: D

Borderline personality disorder causes an indMdual to feel uncertain about his or her self-image and identity, resulting in feelings of emptiness and fear being alone. Other signs of this problem may include substance abuse, numerous attempted suicides or reported attempts, and inappropriate sexual relationships.

QUESTION 5

Group therapy helps bridge the gap between indMduals and the social world. It provides security while building a comfort level when working with several people. Which of the following is not helpful when initiating this type of therapy?

- A. Provide a safe social environment
- B. Goal setting and risk taking
- C. Avoidance techniques
- D. GMng and receMng feedback

Correct Answer: C

Avoidance techniques are not a useful tactic when initiating group therapy. Group therapy is productive when working with indMduals who suffer from social anxiety. They learn interpersonal skills such as initiating conversations, eye contact and relating to authority. Positive refilection helps build confidence through feedback and appreciation.

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