

## LCSW<sup>Q&As</sup>

ASWB Clinical Level Social Work Licensing Exam

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**QUESTION 1**

What is the first step in a psychological assessment?

- A. Family medical history
- B. Biographical account
- C. Biopsychosocial history
- D. Personal inventory

Correct Answer: C

The first step in a psychological assessment is a biopsychosocial history, which involves identifying the chief complaint, past psychological history, present illnesses, and current mental status. Sometimes this information is difficult to obtain if the patient is unwilling to aid in disclosure. Once the data is obtained, neurological and psychological testing can take place. When all information is collected, the patient is informed of the results and treatment begins.

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**QUESTION 2**

Which of the following therapies has not been found to be effective with individuals suffering with drug and alcohol abuse?

- A. Biomedical therapy
- B. Behavioral therapy
- C. Humanistic therapy
- D. Homeopathy

Correct Answer: D

Clinically, an intervention that has not been backed by academic research is not considered a viable and proven treatment. Homeopathy is an alternative medicine treatment using highly diluted preparations of ingredients that cause the patient to exhibit similar symptoms to their existing medical issues. Clinical studies have not found homeopathy to be effective treatment for any disease or disorder.

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**QUESTION 3**

A short-term, problem-solving approach to clinical social work practice consists of three phases. The initial phase is centered on setting up initial tasks. The middle phase consists of evaluating the outcomes of tasks and identifying obstacles to achieve said outcomes. Lastly is the termination phase, which emphasizes what the client has learned or accomplished. Which of the following problem-solving approaches is described above?

- A. Psychoanalytic approach
- B. Cognitive behavioral approach
- C. Solution-focused therapy

D. Self-centered approach

Correct Answer: C

Solution-focused therapy addresses problems that arise in people's interactions with their environments. Efforts are made to help individuals generalize problem-solving techniques for use in the future. Solution-focused therapy is short-term and highly focused.

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#### QUESTION 4

A basic model of how people experience grief and loss comes from a well-known theory first posited by Elisabeth Kubler-Ross. It involved five stages that people move through as they work through their loss. Which of the following is not one of those stages?

- A. Denial
- B. Bargaining
- C. Resolution
- D. Acceptance

Correct Answer: C

Resolution is not one of the stages. They are denial, anger, bargaining, depression, and acceptance.

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#### QUESTION 5

The Parson family has strong religious beliefs that prevent seeking medical care for life-threatening problems. When their son becomes sick with a disease requiring hospitalization or the possibility of death, they refuse to seek help. Is this decision illegal?

- A. No, the judicial system is required to respect religious beliefs.
- B. Yes and no. It varies by state.
- C. No, competent parents can make any decision in regards to their children.
- D. Yes, a judge can find a church's beliefs unethical.

Correct Answer: B

A famous case in Utah challenged the Division of Child and Family Services under freedom of religion and the separation of church and state, and the parents won their case. DCFS was trying to force the parents to treat their son's cancer with chemotherapy, and the parents refused, stating that they believed he would be healed by faith. DCFS was forced to allow the parents their religious freedom. In the final outcome, the child did actually go into remission for his cancer despite DCFS insisting that he had to have chemo to do it.