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QUESTION 1

What is the most appropriate nursing intervention for dealing with a suicidal patient?

- A. Have confidence in the patient's ability to deal with stressors.
- B. Provide hope and reassurance that it will resolve itself.
- C. Display an attitude of detachment, confrontation and efficiency.
- D. Provide authority, action and participation.

Correct Answer: D

The nurse should provide authority, action and participation for the patient. The nurse should take over the patient and provide control and devise a plan to secure the patient's safety. The nurse should help the patient to develop coping skills to deal with problems.

QUESTION 2

You are caring for a child with chlamydial conjunctivitis. What would you want to investigate if you had a patient with this diagnosis?

- A. Presence of an allergy
- B. Possible trauma
- C. Possible sexual abuse
- D. Presence of a respiratory infection

Correct Answer: C

The nurse would want to investigate possible sexual abuse. This diagnosis in a child who is not sexually active should trigger suspicions in the nurse. Allergy, trauma and infection can all cause conjunctivitis, but chlamydia is a sexually transmitted disease.

QUESTION 3

You are reviewing an arterial blood gas for a patient. Which result would lead you to believe this patient has respiratory acidosis?

- A. pH of 7.48
- B. PCO₂ of 32 mm Hg
- C. pH of 7.30
- D. HCO₃ of 20 mEq/L

Correct Answer: C

A pH level of 7.30 would indicate an acid base imbalance. The normal pH is 7.35 and 7.45. Anything less than 7.35 would indicate acidosis, and anything greater than 7.45 would indicate an alkaline state. The normal PCO₂ is 35 to 45 mm Hg. Bicarbonate is usually associated with a metabolic state.

QUESTION 4

You are providing a teaching session to a group of patients regarding skin cancer. Which of the following statements would you not want to include in this education?

- A. Wear sunscreen when engaged in outdoor activities.
- B. The body should be examined monthly for any lesions that appear suspicious.
- C. A hat, opaque clothing, and sunglasses should be worn when in the sun.
- D. Avoid sun exposure after 3pm.

Correct Answer: D

It would be incorrect to instruct the patients to avoid the sun after 3pm. The patients would want to avoid the sun between 11am and 3pm. All other statements are correct and should be taught to the patients.

QUESTION 5

You are planning the assignment for the day. Which of the following would be the most appropriate assignment for the nursing assistant?

- A. A patient receiving a continuous tube feeding
- B. A patient who needs a urine culture sent to laboratory
- C. A patient who needs a colostomy changed
- D. A patient who is having problems swallowing

Correct Answer: B

The most appropriate assignment for the nursing assistant would be a urine culture collection for the laboratory. The nurse must choose the most appropriate assignment for each staff member on the unit. In this case the nursing assistant should have the appropriate skills to collect urine and send it to the laboratory.

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