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QUESTION 1

You have delegated care of a patient in restraints to a nursing assistant. How often should the nursing assistant assess skin integrity for this patient?

- A. Every 30 minutes
- B. Every 2 hours
- C. Every 3 hours
- D. Every 4 hours

Correct Answer: A

The nursing assistant should assess the patient's skin integrity every 30 minutes for as long as the patient is in restraints. In order to delegate this task to the nursing assistant the nurse must insure that the nursing assistant is clear on what care the patient requires.

QUESTION 2

What adverse effect would you observe in a patient who is taking an excessive amount of bupropion (Wellbutrin)?

- A. Dizziness when getting up
- B. Seizure activity
- C. Increased weight
- D. Constipation

Correct Answer: B

The patient would begin to have seizures if they are taking an excess amount of bupropion (Wellbutrin). A dosage of more than 450 mg daily is considered to be excessive. Weight gain and constipation are common side effects of this medication. Orthostatic hypotension is not a side effect of this medication.

QUESTION 3

When developing a plan of care for a patient with stage I Lyme disease, which of the following would you want to include?

- A. No treatment without symptoms
- B. Three-week course of antibiotics
- C. Intravenous antibiotics
- D. Oatmeal baths for two weeks

Correct Answer: B

In stage I Lyme disease a three-week course of oral antibiotics is begun. In later stages the patient may require intravenous antibiotics. Both A and D are inappropriate responses for patients with Lyme disease. Prevention, education and early diagnoses are important in controlling Lyme disease.

QUESTION 4

What signs and symptoms would a a patient with stage I Lyme disease have?

- A. Signs of neurological disorders
- B. Enlarged and inflamed joints
- C. Arthralgias
- D. Flu-like symptoms

Correct Answer: D

Stage I Lyme disease begins with a rash at the bite within 2 to 30 days. Then the patient develops Flu-like symptoms that last 7 to 10 days and may reoccur at a later date. Neurological symptoms occur in stage II, and arthralgias and inflamed joints occur in stage III.

QUESTION 5

Your patient has arrived in the emergency department with a chemical eye injury. Your first action should be to:

- A. Perform a visual acuity test
- B. Use sterile saline to irrigate the eye
- C. Place antibiotic ointment in the eye
- D. Place a patch over the eye

Correct Answer: B

The first reaction by the nurse should be to irrigate the eye with normal saline. This should be done for at least 10 minutes to remove any chemicals from the eye. Following irrigation of the eye the patient should have visual acuity tests to determine the extent of damage to the eye.