

040-444^{Q&As}

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QUESTION 1

Which of the following statements about injury reporting is NOT correct?

- A. A process for injury reporting, backed up with a form, should be developed.
- B. The process to be used and the accompanying forms must be part of the PandP manual.
- C. Injury reporting forms must be kept under lock and key, just like data records.
- D. A physician should sign every injury report form that is filed.

Correct Answer: D

QUESTION 2

Lead V is located at the

- A. Fifthintercostal space, left sternal border.
- B. Midclavicular line, fourth intercostal space.
- C. Fourthintercostal space, right sternal border.
- D. Midclavicular line, lateral to the xiphoid process.

Correct Answer: C

QUESTION 3

Some of the duties in supervising a fitness staff include scheduling, implementing the policies and procedures, and

- A. Cleaning the equipment.
- B. Emergency procedures and evaluations.
- C. Marketing and promotions.
- D. Managing the fitness billing.

Correct Answer: B

QUESTION 4

The primary effects of chronic exercise training on lipid values are

- A. Decreased triglycerides and increased HDL.
- B. Decreased TC and LDL.



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- C. Decreased HDL and increased LDL.
- D. Decreased TC and increased HDL.

Correct Answer: A

QUESTION 5

Treatment for claudication during exercise includes all of the following EXCEPT

- A. Daily exercise sessions.
- B. Intensity of activity to maximal tolerable pain, with intermittent rest periods.
- C. Cardiorespiratory building activities that are nonweight bearing if the plan is to work on longer duration and higher intensity to elicit a cardiorespiratory training effect.
- D. Stopping activity at the onset ofclaudication discomfort to avoid further vascular damage from ischemia.

Correct Answer: D

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