# 040-444<sup>Q&As</sup>

ACSM Registered Clinical Exercise Physiologist

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#### **QUESTION 1**

Increased after load associated with increased peripheral resistance as a result of aging causes

- A. Left ventricular hypertrophy.
- B. Kidney failure.
- C. Liver damage.
- D. Liver failure.

Correct Answer: A

#### **QUESTION 2**

Safety procedures for clinical staff help protect them from

- A. Bloodborne pathogens.
- B. Theft.
- C. Violent patients.
- D. Work-related injuries.

Correct Answer: A

#### **QUESTION 3**

The potential benefits and risks of an exercise test should be written in what document?

- A. Description of services.
- B. Safety plan.
- C. Informed consent.
- D. Exercise waivers.
- Correct Answer: C

#### **QUESTION 4**

What is the relative Y02 of running on a treadmill at 5.5 mph and a 12% grade?

A. 29.48mL . kg-1 . min-1

B. 45.4mL . kg-1 . min-1

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C. 47.2mL . kg-1 . min-1

D. 48.9mL . kg-1 . min-1

Correct Answer: D

#### **QUESTION 5**

Lead V is located at the

- A. Fifthintercostal space, left sternal border.
- B. Midclavicular line, fourth intercostal space.
- C. Fourthintercostal space, right sternal border.
- D. Midclavicular line, lateral to the xiphoid process.
- Correct Answer: C

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