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QUESTION 1

Complaints of pain in the chest with associated pain radiating down the left arm may be signs of

- A. Cardiac crisis.
- B. Hypotension.
- C. Seizure.
- D. Heartburn.

Correct Answer: A

QUESTION 2

Prevention strategies of staff and clients must include

- A. Following the rules.
- B. Keeping the facility clean.
- C. Hiring good front-desk staff.
- D. Developing clever, unique programs.

Correct Answer: A

QUESTION 3

Exercise clothing

- A. Creates an important fashion statement.
- B. Should be bright so that you are easily seen in an aerobics class.
- C. Has only one rule: be comfortable.
- D. Must be safe and performs appropriately, like the exercise equipment.

Correct Answer: D

QUESTION 4

What is the best test to help determine ejection fraction at rest and during exercise?

- A. Angiography.

- B. Thallium stress test.
- C. Single-proton emission computer tomography.
- D. MUGA (blood pool imagery) study.

Correct Answer: D

QUESTION 5

Chronic soreness and fatigue are symptoms of

- A. Hyperglycemia.
- B. Strain.
- C. Overuse injury.
- D. Hypoglycemia.

Correct Answer: C

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